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NUTRITIONAL DATA SHEET

GELATIN - FISH

The composition of gelatin is approximately as follows:

Protein	86% minimum
Moisture	12.0% maximum
Ash (Mineral)	2.0% maximum
Carbohydrates	0
Trans Fatty Acid	None Detected
Calorific Content	3.5 cal/g
Sodium Content	500 mg. per 100 grams of product
Total Dietary Fiber	Non Detected

Typical amino acids analysis obtained by complete hydrolysis of gelatin is as follows:

<u>AMINO ACID</u>	<u>% BY WT.</u>	<u>AMINO ACID</u>	<u>% BY WT.</u>
Alanine	9.10 - 9.50	Leucine	2.75 - 2.90
Arginine	8.50 - 8.90	Lysine	3.10 - 3.20
Aspartic Acid	5.30 - 5.50	Methionine	1.45 - 1.55
Cystine	0.46 - 0.50	Ornithine	0.09 - 0.13
Glutamic Acid	8.90 - 9.30	Phenylalanine	1.35 - 1.41
Glycine	24.40 - 25.20	Proline	9.30 - 9.70
Histidine	0.41 - 0.45	Serine	3.00 - 3.15
Hydroxylysine	0.50 - 0.70	Threonine	2.85 - 3.00
Hydroxyproline	7.30 - 7.70	Tyrosine	0.56 - 0.60
Isoleucine	1.40 - 1.50	Valine	2.18 - 2.32

The information above is based on tests, which we believe to be reliable. Custom Collagen assumes no responsibility for results obtained or damages arising from the use of this data.